

Index Point Changes in Levels Singles Games

LOSER'S HANDICAP

WINNER'S HANDICAP

	-6	-5	-4	-3	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	14	16	
-6	10	7	4	2	1															1/0	1/0	
-5	13	10	7	4	2	1														1/0	1/0	
-4	16	13	10	7	4	3	2	1												1/0	1/0	
-3	18	16	13	10	7	5	3	2	1								1			1/0	1/0	
-2	19	18	16	13	10	8	6	4	3	2	1									1/0	1/0	
-1		19	17	15	12	10	8	6	4	3	2	1								1/0	1/0	
0		19	18	17	14	12	10	8	6	4	3	2	1							1/0	1/0	
1			19	18	16	14	12	10	8	6	4	3	2	1						1/0	1/0	
2				19	17	16	14	12	10	8	6	4	3	2	2	1				1/0	1/0	
3				19	18	17	16	14	12	10	8	6	4	3	3	1	2	1		1/0	1/0	
4					19	18	17	16	14	12	10	8	6	5	4	3	3	2	2	1/0	1/0	
5						19	18	17	16	14	12	10	8	7	6	5	4	3	3	2/0	2/0	
6							19	18	17	16	14	12	10	9	8	7	6	5	4	3/0	3/0	
7								19	18	17	15	13	11	10	9	8	7	6	5	4/0	3/0	
8			19					19	18	17	16	14	12	11	10	9	8	7	6	5/0	4/0	
9									19	18	17	15	13	12	11	10	9	8	7	6/0	5/0	
10										19	18	17	16	14	13	12	11	10	9	8	7/0	6/0
11											19	18	17	15	14	13	12	11	10	9	8/0	7/0
12											19	18	17	16	15	14	13	12	11	10	9/0	8/0
14												19	18	17	16	15	14	13	12	11	10/0	9/0
16												19	18	17	17	16	15	14	13	12	11/0	10/0

Players on a handicap of 14 or 16 DO NOT lose index points

-6	-5	-4	-3	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	14	16
2800	2650	2500	2350	2200	2100	2000	1900	1800	1700	1600	1500	1400	1350	1300	1250	1200	1150	1100	1050	1000

Index Point Changes

In Levels Doubles Games

- Find the combined handicap for both pairs
- Calculate the difference between the handicaps
- Use the chart below to work out the Index Points change

Difference in Combined Handicaps	Smaller Combined Handicap Wins	Larger Combined Handicap Wins
0	5	5
1 to 3	4	6
4 to 6	3	7
7 to 9	2	8
10 or more	1	9

Index Point Changes In Handicap Singles Games

→ Winner +10, Loser -10

Index Point Changes In Handicap Doubles Games

→ Winners +5, Losers -5

Players on 14 or 16 Handicap **DO NOT** lose index points

Table of Starting Scores for first-to-7-points

2024/25 version Roy Tillcock

Weaker Player

Stronger Player

Extra Strokes in Singles Handicap Games

Handicap Difference	7-Point Game	13-Point Game	19-Point Game
0	0	0	0
1	1	1	1
2	1	2	3
3	2	3	4
4	2	4	6
5	3	5	7
6	3	6	9
7	4	7	10
8	4	8	12
9	5	9	13
10	5	10	15
11	6	11	16
12	6	12	18
13	7	13	19
14	8	14	20
15	8	15	22
16	9	16	23
17	9	17	25
18	10	18	26
19	10	19	28
20	11	20	29
21	11	21	31
22	12	22	32

Extra Strokes in Doubles Handicap Games

Half Handicap Difference	7-Point Game	13-Point Game	19-Point Game
0	0	0	0
0.5	0	1	1
1	1	1	1
1.5	1	2	2
2	1	2	3
2.5	1	3	4
3	2	3	4
3.5	2	4	5
4	2	4	6
4.5	2	5	7
5	3	5	7
5.5	3	6	8
6	3	6	9
6.5	4	7	10
7	4	7	10
7.5	4	8	11
8	4	8	12
8.5	5	9	12
9	5	9	13
9.5	5	10	14
10	5	10	15
10.5	6	11	15
11	6	11	16

Side 1	Handicaps	Side 2
1A	6	2A
1B	10	2B

$$10 - 3 = 7$$

$$7 \div 2 = 3.5$$

Player 1B
receives 4 extra
strokes

$$12 - 6 = 6$$

$$6 \div 2 = 3$$

Player 2B
receives 3 extra
strokes

Side 3	Handicap	Side 4
3A	3	4A
3B	5	4B

$$12 - 3 = 9$$

$$9 \div 2 = 4.5$$

$$8 - 5 = 3$$

$$3 \div 2 = 1.5$$

$$4.5 + 1.5 = 6$$

EITHER

Player 4A receives 1 extra stroke and
player 4B receives 5 extra strokes

OR

Player 4A receives 2 extra strokes and
player 4B receives 4 extra strokes.

In a 13 -Point (first to 7) **Handicap Singles** games the higher handicap player receives the number of extra strokes equal to the difference between the player's handicaps.

In a 7-point (first to 4), or 19-point (first to 10) game use the table above to calculate the number of extra strokes received.

In a **Handicap Doubles** games, the extra strokes are received by an individual player not the side.
→ subtract the lowest handicap of the player on one side from the highest handicap of the player on the other side and halve the difference
→ if the value is not a whole number round it up
→ if this happens to both players on the same side then one number is rounded up and the other is rounded down
→ if both players on a side are on the same handicap they must tell their opponents how they are allocating their extra turns BEFORE the game starts.